



16. Ilmenauer Osterlauf  
 Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Linke, Silvia

Club: Stadtilm  
 Number: 532

Course: 18.50 km  
 Lange Strecke

Category:  
 Seniorinnen W35 (35-39 Jahre)

Total time: 1:57:41

Speed: 9.18 km/h  
 Running performance: 6:22 min/km

Rank in course/Total: 138 (of 149)

Rank in course/Women: 22 (of 27)

Best time in course: 1:30:11

Rank in category: 5 (of 6)

Best time in the category: 1:30:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	9.30	55:28	5:57	5	10:06	19	11:13	9.30	55:28	5:57	5	10:06	19	11:13
Runde	9.00	1:01:16	6:48	5	17:16	23	17:16	18.30	1:56:44	6:22	5	27:22	22	27:22
Finish	0.20	0:57	4:44	4	0:08	9	0:10	18.50	1:57:41	6:21	5	27:30	22	27:30