



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Roth, Andreas

Club: LG Brechen
Number: 159

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 46:10

Speed: 11.70 km/h
Running performance: 4:58 min/km

Rank in course/Total: 68 (of 321)

Rank in course/Men: 60 (of 189)

Best time in course: 32:19

Rank in category: 6(of 22)

Best time in the category: 37:22