



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Pabst, Colin

Club: KRAFT runners
Number: 144

Course: 9.30 km
Kurze Strecke

Category:
Männer (20-29 Jahre)

Total time: 46:40

Speed: 11.57 km/h
Running performance: 5:01 min/km

Rank in course/Total: 71 (of 321)

Rank in course/Men: 62 (of 189)

Best time in course: 32:19

Rank in category: 9(of 20)

Best time in the category: 33:35