



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Müller, Jan

Club: tsv zella-mehlis
Number: 239

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 47:07

Speed: 11.46 km/h
Running performance: 5:04 min/km

Rank in course/Total: 76 (of 321)

Rank in course/Men: 66 (of 189)

Best time in course: 32:19

Rank in category: 8(of 21)

Best time in the category: 41:00