



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Pohle, Robert

Club: Erfurt
Number: 151

Course: 9.30 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 47:34
Speed: 11.35 km/h
Running performance: 5:07 min/km
Rank in course/Total: 83 (of 321)
Rank in course/Men: 74 (of 189)
Best time in course: 32:19
Rank in category: 9(of 18)
Best time in the category: 34:21