



16. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 20.04.2019

Detailed evaluation

Schalk, Udo

Club: Dream Team Ilmenau
Number: 163

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 47:38

Speed: 11.34 km/h
Running performance: 5:07 min/km

Rank in course/Total: 85 (of 321)

Rank in course/Men: 76 (of 189)

Best time in course: 32:19

Rank in category: 10(of 23)

Best time in the category: 36:43