



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Ritze, Detlef

Club: Alteburg Laufftreff Arnstadt
Number: 630

Course: 11.00 km
11 km Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:12:23

Speed: 9.12 km/h
Running performance: 6:35 min/km

Rank in course/Total: 41 (of 49)

Rank in course/Men: 30 (of 34)

Best time in course: 41:37

Rank in category: 1(of 1)

Best time in the category: 1:12:23