



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Kopp, Matthias

Club: Jena
Number: 523

Course: 16.00 km
16 km Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:12:30

Speed: 13.24 km/h
Running performance: 4:32 min/km

Rank in course/Total: 5 (of 29)

Rank in course/Men: 5 (of 24)

Best time in course: 1:03:39

Rank in category: 2(of 2)

Best time in the category: 1:08:34