



39. Kienberglauf  
Oehrenstock / 29.09.2019

Detailed evaluation

Knüpper, Jonas

Club: Trailrunning TU Ilmenau  
Number: 540

Course: 16.00 km  
16 km Lauf

Category:  
Männer (20-29 Jahre)

Total time: 1:14:23

Speed: 12.91 km/h  
Running performance: 4:39 min/km

Rank in course/Total: 6 (of 29)

Rank in course/Men: 6 (of 24)

Best time in course: 1:03:39

Rank in category: 1(of 2)

Best time in the category: 1:14:23