



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Schmidt, Sebastian

Club: N3 Sportverein e.V.
Number: 531

Course: 16.00 km
16 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:16:33

Speed: 12.54 km/h
Running performance: 4:47 min/km

Rank in course/Total: 8 (of 29)

Rank in course/Men: 8 (of 24)

Best time in course: 1:03:39

Rank in category: 1(of 3)

Best time in the category: 1:16:33