



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Heyder, Manuela

Club: Arnstadt
Number: 905

Course: 11.00 km
11 km Nordic Walking

Category:
Frauen

Total time: 1:47:44

Speed: 6.13 km/h
Running performance: 9:47 min/km

Rank in course/Total: 6 (of 9)

Rank in course/Women: 3 (of 6)

Best time in course: 1:36:39

Rank in category: 3(of 6)

Best time in the category: 1:36:39