



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau
Number: 642

Course: 11.00 km
11 km Lauf

Category:
Senioren M75 (75-79 Jahre)

Total time: 1:18:35

Speed: 8.40 km/h
Running performance: 7:08 min/km

Rank in course/Total: 45 (of 49)

Rank in course/Men: 32 (of 34)

Best time in course: 41:37

Rank in category: 1(of 1)

Best time in the category: 1:18:35