



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Krämer, Sascha

Club: Dream Team Ilmenau
Number: 524

Course: 16.00 km
16 km Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:28:36

Speed: 10.84 km/h
Running performance: 5:32 min/km

Rank in course/Total: 21 (of 29)

Rank in course/Men: 20 (of 24)

Best time in course: 1:03:39

Rank in category: 4(of 4)

Best time in the category: 1:03:39