



39. Kienberglauf  
Oehrenstock / 29.09.2019

Detailed evaluation

Zschoche, Mandy

Club: Fit mit Schmidt  
Number: 538

Course: 16.00 km  
16 km Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:29:30

Speed: 10.73 km/h  
Running performance: 5:35 min/km

Rank in course/Total: 22 (of 29)

Rank in course/Women: 2 (of 5)

Best time in course: 1:26:49

Rank in category: 1(of 3)

Best time in the category: 1:29:30