



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Hille, Helmut

Club: Laufftreff Alteburg Arnstadt
Number: 520

Course: 16.00 km
16 km Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:38:49

Speed: 9.71 km/h
Running performance: 6:11 min/km

Rank in course/Total: 25 (of 29)

Rank in course/Men: 22 (of 24)

Best time in course: 1:03:39

Rank in category: 2(of 2)

Best time in the category: 1:25:37