



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Ryll, Judith

Club: TSV 1865 Langewiesen
Number: 529

Course: 16.00 km
16 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:39:15

Speed: 9.67 km/h
Running performance: 6:12 min/km

Rank in course/Total: 26 (of 29)

Rank in course/Women: 4 (of 5)

Best time in course: 1:26:49

Rank in category: 2(of 3)

Best time in the category: 1:29:30