



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Holighaus, Claudia

Club: Fit mit Schmidt
Number: 521

Course: 16.00 km
16 km Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:43:14

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 27 (of 29)

Rank in course/Women: 5 (of 5)

Best time in course: 1:26:49

Rank in category: 3(of 3)

Best time in the category: 1:29:30