



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Simon, Holger

Club: Schmalkalden
Number: 635

Course: 16.00 km
16 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:43:14

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 28 (of 29)

Rank in course/Men: 23 (of 24)

Best time in course: 1:03:39

Rank in category: 3(of 3)

Best time in the category: 1:16:33