



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Manzke, Helena Danae

Club: LSV Lok Arnstadt
Number: 83

Course: 2.40 km
2,4 km Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 10:50

Speed: 13.29 km/h
Running performance: 4:31 min/km

Rank in course/Total: 8 (of 35)
Rank in course/Women: 1 (of 14)

Best time in course: 10:50

Rank in category: 1(of 4)
Best time in the category: 10:50