



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Heyder, Lennard

Club: FSV Martinroda
Number: 99

Course: 2.40 km
2,4 km Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 10:54

Speed: 11.01 km/h
Running performance: 4:32 min/km

Rank in course/Total: 9 (of 35)

Rank in course/Men: 8 (of 21)

Best time in course: 9:30

Rank in category: 5(of 6)

Best time in the category: 9:30