



39. Kienberglauf  
Oehrenstock / 29.09.2019

## Detailed evaluation

**Buchberger, Henry**

Club: B-Team (SV Fortuna Griesheim)  
Number: 612

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 56:19

Speed: 11.72 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 12 (of 49)

Rank in course/Men: 11 (of 34)

Best time in course: 41:37

Rank in category: 2(of 2)

Best time in the category: 54:50