



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 662

Course: 11.00 km
11 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:00:23

Speed: 10.93 km/h
Running performance: 5:29 min/km

Rank in course/Total: 15 (of 49)

Rank in course/Men: 14 (of 34)

Best time in course: 41:37

Rank in category: 4(of 5)

Best time in the category: 52:44