



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Treßelt, Frank

Club: GMRSV Großbreitenbach
Number: 658

Course: 11.00 km
11 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:03:36

Speed: 10.38 km/h
Running performance: 5:47 min/km

Rank in course/Total: 18 (of 49)

Rank in course/Men: 16 (of 34)

Best time in course: 41:37

Rank in category: 2(of 4)

Best time in the category: 55:00