



39. Kienberglauf  
Oehrenstock / 29.09.2019

Detailed evaluation

Schalk, Udo

Club: Dream Team Ilmenau  
Number: 666

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:03:59

Speed: 10.32 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 19 (of 49)

Rank in course/Men: 17 (of 34)

Best time in course: 41:37

Rank in category: 3(of 4)

Best time in the category: 55:00