



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Thoma, Manfred

Club: LG Rippershausen
Number: 664

Course: 11.00 km
11 km Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:05:55

Speed: 10.01 km/h
Running performance: 5:59 min/km

Rank in course/Total: 24 (of 49)

Rank in course/Men: 19 (of 34)

Best time in course: 41:37

Rank in category: 2(of 4)

Best time in the category: 1:05:18