



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Ziermann, Olaf

Number: 903

Course: 11.00 km
11 km Nordic Walking

Category:
Männer

Total time: 1:36:46

Speed: 6.82 km/h

Running performance: 8:48 min/km

Rank in course/Total: 4 (of 9)

Rank in course/Men: 3 (of 3)

Best time in course: 1:23:23

Rank in category: 3(of 3)

Best time in the category: 1:23:23