



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Prasser, Niels

Club: SG Motor Arnstadt
Number: 628

Course: 11.00 km
11 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:06:49

Speed: 9.88 km/h
Running performance: 6:04 min/km

Rank in course/Total: 26 (of 49)

Rank in course/Men: 20 (of 34)

Best time in course: 41:37

Rank in category: 5(of 5)

Best time in the category: 52:44