



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Tönert, Bernd

Club: WSV Ilmenau 1908 e.V.
Number: 667

Course: 11.00 km
11 km Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:07:30

Speed: 9.78 km/h
Running performance: 6:08 min/km

Rank in course/Total: 28 (of 49)

Rank in course/Men: 22 (of 34)

Best time in course: 41:37

Rank in category: 3(of 4)

Best time in the category: 1:05:18