



39. Kienberglauf  
Oehrenstock / 29.09.2019

Detailed evaluation

Melchert, Volkmar

Club: Die flinken Gerataler  
Number: 623

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:07:38

Speed: 9.76 km/h  
Running performance: 6:09 min/km

Rank in course/Total: 30 (of 49)

Rank in course/Men: 23 (of 34)

Best time in course: 41:37

Rank in category: 1(of 1)

Best time in the category: 1:07:38