



39. Kienberglauf
Oehrenstock / 29.09.2019

Detailed evaluation

Sondermann, Kathrin

Club: Ilmenau
Number: 636

Course: 11.00 km
11 km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:08:28

Speed: 9.64 km/h
Running performance: 6:13 min/km

Rank in course/Total: 33 (of 49)
Rank in course/Women: 8 (of 15)
Best time in course: 51:37

Rank in category: 1(of 1)
Best time in the category: 1:08:28