



39. Kienberglauf  
Oehrenstock / 29.09.2019

Detailed evaluation

Abraham, Daniel

Club: VfB Torpedo Ichershausen e.V.  
Number: 516

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:08:34

Speed: 14.00 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 3 (of 29)

Rank in course/Men: 3 (of 24)

Best time in course: 1:03:39

Rank in category: 1(of 2)

Best time in the category: 1:08:34