



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Schramm, Tobias

Club: RUN FOR FUN
Number: 88

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:04:46

Speed: 12.97 km/h
Running performance: 4:38 min/km

Rank in course/Total: 18 (of 179)

Rank in course/Men: 17 (of 128)

Best time in course: 53:19

Rank in category: 2(of 21)

Best time in the category: 1:03:24

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	28:13	4:51	2	0:32	16	5:31	5.80	28:13	4:51	2	0:32	16	5:31
Finish	8.20	36:33	4:27	2	0:50	16	5:56	14.00	1:04:46	4:37	2	1:22	17	11:27