



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Lückemann, Patrick

Club: Team ultraSports
Number: 160

Course: 14.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:04:58

Speed: 12.93 km/h
Running performance: 4:38 min/km

Rank in course/Total: 19 (of 179)

Rank in course/Men: 18 (of 128)

Best time in course: 53:19

Rank in category: 4(of 12)

Best time in the category: 57:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	28:32	4:55	6	4:00	21	5:50	5.80	28:32	4:55	6	4:00	21	5:50
Finish	8.20	36:26	4:26	4	3:13	15	5:49	14.00	1:04:58	4:38	4	7:13	18	11:39