



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Günther, Thomas

Club: Schwabhausen
Number: 40

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:09:28

Speed: 12.09 km/h
Running performance: 4:58 min/km

Rank in course/Total: 34 (of 179)

Rank in course/Men: 32 (of 128)

Best time in course: 53:19

Rank in category: 4(of 11)

Best time in the category: 59:50

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	29:51	5:08	5	4:20	30	7:09	5.80	29:51	5:08	5	4:20	30	7:09
Finish	8.20	39:37	4:49	5	5:23	38	9:00	14.00	1:09:28	4:57	4	9:38	32	16:09