



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Pankratz, Thomas

Club: FSV Sömmerda
Number: 70

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:10:00

Speed: 12.00 km/h
Running performance: 5:00 min/km

Rank in course/Total: 37 (of 179)

Rank in course/Men: 35 (of 128)

Best time in course: 53:19

Rank in category: 7(of 21)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	30:37	5:16	10	4:55	38	7:55	5.80	30:37	5:16	10	4:55	38	7:55
Finish	8.20	39:23	4:48	7	4:43	34	8:46	14.00	1:10:00	5:00	7	9:38	35	16:41