



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Prehl, Heiko

Club: Tonna
Number: 73

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:10:04

Speed: 11.99 km/h
Running performance: 5:00 min/km

Rank in course/Total: 38 (of 179)

Rank in course/Men: 36 (of 128)

Best time in course: 53:19

Rank in category: 8(of 21)

Best time in the category: 1:00:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	30:32	5:15	9	4:50	37	7:50	5.80	30:32	5:15	9	4:50	37	7:50
Finish	8.20	39:32	4:49	8	4:52	36	8:55	14.00	1:10:04	5:00	8	9:42	36	16:45