



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Ecklebe, Frank

Club: Runningteam Köstritzer  
Number: 26

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:10:06

Speed: 11.98 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 39 (of 179)

Rank in course/Men: 37 (of 128)

Best time in course: 53:19

Rank in category: 9(of 21)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	30:22	5:14	8	4:40	36	7:40	5.80	30:22	5:14	8	4:40	36	7:40
Finish	8.20	39:44	4:50	9	5:04	39	9:07	14.00	1:10:06	5:00	9	9:44	37	16:47