



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

### Detailed evaluation

**Bräske, Tino**

Club: GutsMuths Rennsteiglaufverein  
Number: 16

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:12:35

Speed: 11.57 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 54 (of 179)

Rank in course/Men: 51 (of 128)

Best time in course: 53:19

Rank in category: 8(of 12)

Best time in the category: 57:45

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	5.80	30:47	5:18	8	6:15	40	8:05	5.80	30:47	5:18	8	6:15	40	8:05
Finish	8.20	41:48	5:05	8	8:35	55	11:11	14.00	1:12:35	5:11	8	14:50	51	19:16