



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Reinhöfer, Frances

Club: LTV Erfurt
Number: 138

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:12:46

Speed: 11.54 km/h
Running performance: 5:12 min/km

Rank in course/Total: 55 (of 179)

Rank in course/Women: 4 (of 51)

Best time in course: 1:04:42

Rank in category: 1(of 11)

Best time in the category: 1:12:46

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Kontrolle | 5.80 | 30:52 | 5:19 | 1 | - | 3 | 3:20 | 5.80 | 30:52 | 5:19 | 1 | - | 3 | 3:20 |
| Finish | 8.20 | 41:54 | 5:06 | 1 | - | 7 | 4:44 | 14.00 | 1:12:46 | 5:11 | 1 | - | 4 | 8:04 |