



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Holzhaus, Reiner

Club: LAV Saale- Rennsteig
Number: 49

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:13:55

Speed: 11.36 km/h
Running performance: 5:17 min/km

Rank in course/Total: 64 (of 179)

Rank in course/Men: 57 (of 128)

Best time in course: 53:19

Rank in category: 4(of 13)

Best time in the category: 1:08:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	31:11	5:22	2	0:51	45	8:29	5.80	31:11	5:22	2	0:51	45	8:29
Finish	8.20	42:44	5:12	6	4:27	61	12:07	14.00	1:13:55	5:16	4	5:18	57	20:36