



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Holzhaus, Reiner

Club: LAV Saale- Rennsteig  
Number: 49

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:13:55

Speed: 11.36 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 64 (of 179)

Rank in course/Men: 57 (of 128)

Best time in course: 53:19

Rank in category: 4(of 13)

Best time in the category: 1:08:37

Intermediate times

Stage score

Total ranking

| Control   | Split | Split | Split  | Pos  | Behind | Pos | Behind | Total | Total   | Total  | Pos  | Behind | Pos | Behind |
|-----------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
|           | km    | Time  | min/km | Cat. | Cat.   | Men | Men    | km    | Time    | min/km | Cat. | Cat.   | Men | Men    |
| Kontrolle | 5.80  | 31:11 | 5:22   | 2    | 0:51   | 45  | 8:29   | 5.80  | 31:11   | 5:22   | 2    | 0:51   | 45  | 8:29   |
| Finish    | 8.20  | 42:44 | 5:12   | 6    | 4:27   | 61  | 12:07  | 14.00 | 1:13:55 | 5:16   | 4    | 5:18   | 57  | 20:36  |