



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Rudorf, Hans-Joachim

Club: FSV Meuselwitz
Number: 77

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:14:53

Speed: 11.22 km/h
Running performance: 5:21 min/km

Rank in course/Total: 67 (of 179)

Rank in course/Men: 60 (of 128)

Best time in course: 53:19

Rank in category: 5(of 13)

Best time in the category: 1:08:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	32:55	5:40	6	2:35	68	10:13	5.80	32:55	5:40	6	2:35	68	10:13
Finish	8.20	41:58	5:07	4	3:41	57	11:21	14.00	1:14:53	5:20	5	6:16	60	21:34