



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Beck, Ronald

Club: Gotha  
Number: 126

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:16:38

Speed: 10.96 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 75 (of 179)

Rank in course/Men: 66 (of 128)

Best time in course: 53:19

Rank in category: 6(of 16)

Best time in the category: 1:02:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	32:41	5:38	6	6:20	64	9:59	5.80	32:41	5:38	6	6:20	64	9:59
Finish	8.20	43:57	5:21	6	7:54	68	13:20	14.00	1:16:38	5:28	6	14:14	66	23:19