



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Andreas, Heinrich

Club: WalschbergRunners
Number: 147

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:16:56

Speed: 10.92 km/h
Running performance: 5:30 min/km

Rank in course/Total: 76 (of 179)

Rank in course/Men: 67 (of 128)

Best time in course: 53:19

Rank in category: 8(of 18)

Best time in the category: 59:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	32:30	5:36	9	7:00	62	9:48	5.80	32:30	5:36	9	7:00	62	9:48
Finish	8.20	44:26	5:25	9	10:40	76	13:49	14.00	1:16:56	5:29	8	17:40	67	23:37