



19. Kirschlauf  
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt  
Number: 137

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:17:28

Speed: 10.84 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 80 (of 179)

Rank in course/Men: 71 (of 128)

Best time in course: 53:19

Rank in category: 10(of 21)

Best time in the category: 1:03:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	33:23	5:45	10	5:42	72	10:41	5.80	33:23	5:45	10	5:42	72	10:41
Finish	8.20	44:05	5:22	10	8:22	71	13:28	14.00	1:17:28	5:31	10	14:04	71	24:09