



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Hammer, Norbert

Club: Erfurt
Number: 153

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:17:55

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 81 (of 179)

Rank in course/Men: 72 (of 128)

Best time in course: 53:19

Rank in category: 16(of 21)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	33:36	5:47	16	7:54	74	10:54	5.80	33:36	5:47	16	7:54	74	10:54
Finish	8.20	44:19	5:24	16	9:39	74	13:42	14.00	1:17:55	5:33	16	17:33	72	24:36