



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Heyder, Pierre

Club: Arnstadt
Number: 47

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:18:22

Speed: 10.72 km/h
Running performance: 5:36 min/km

Rank in course/Total: 84 (of 179)

Rank in course/Men: 75 (of 128)

Best time in course: 53:19

Rank in category: 10(of 18)

Best time in the category: 59:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	32:07	5:32	8	6:37	58	9:25	5.80	32:07	5:32	8	6:37	58	9:25
Finish	8.20	46:15	5:38	15	12:29	90	15:38	14.00	1:18:22	5:35	10	19:06	75	25:03