



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Fischer, Jens

Club: Eschenbergen
Number: 32

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:19:16

Speed: 10.60 km/h
Running performance: 5:40 min/km

Rank in course/Total: 88 (of 179)

Rank in course/Men: 78 (of 128)

Best time in course: 53:19

Rank in category: 13(of 21)

Best time in the category: 1:03:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	34:58	6:01	12	7:17	85	12:16	5.80	34:58	6:01	12	7:17	85	12:16
Finish	8.20	44:18	5:24	11	8:35	73	13:41	14.00	1:19:16	5:39	13	15:52	78	25:57