



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Carl, Wilfried

Club: WalschbergRunners
Number: 148

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:19:37

Speed: 10.55 km/h
Running performance: 5:41 min/km

Rank in course/Total: 92 (of 179)

Rank in course/Men: 81 (of 128)

Best time in course: 53:19

Rank in category: 8(of 16)

Best time in the category: 1:02:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	35:22	6:05	9	9:01	90	12:40	5.80	35:22	6:05	9	9:01	90	12:40
Finish	8.20	44:15	5:23	7	8:12	72	13:38	14.00	1:19:37	5:41	8	17:13	81	26:18