



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Seibt, Stefan

Club: Erfurt
Number: 90

Course: 14.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 1:20:11

Speed: 10.48 km/h
Running performance: 5:44 min/km

Rank in course/Total: 95 (of 179)

Rank in course/Men: 84 (of 128)

Best time in course: 53:19

Rank in category: 4(of 4)

Best time in the category: 53:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	35:19	6:05	4	12:37	88	12:37	5.80	35:19	6:05	4	12:37	88	12:37
Finish	8.20	44:52	5:28	4	14:15	79	14:15	14.00	1:20:11	5:43	4	26:52	84	26:52