



19. Kirschlauf
Kleinfahner/Thür. / 16.06.2019

Detailed evaluation

Hempel, Ernst

Club: Saalfelder LV
Number: 188

Course: 14.00 km
Hauptlauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:20:21

Speed: 10.45 km/h
Running performance: 5:44 min/km

Rank in course/Total: 98 (of 179)

Rank in course/Men: 87 (of 128)

Best time in course: 53:19

Rank in category: 1(of 2)

Best time in the category: 1:20:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	5.80	34:35	5:57	1	-	81	11:53	5.80	34:35	5:57	1	-	81	11:53
Finish	8.20	45:46	5:34	1	-	86	15:09	14.00	1:20:21	5:44	1	-	87	27:02